

Urdd Gobaith Cymru



14/04/08

Annwyl Athro/ Athrawes,

Cystadleuaeth Genedlaethol Nofio Cwrs Byr

Cystadleuaeth newydd sbon yw hon, sy'n cael ei chynnig i ddisgyblion dros Gymru gyfan.

Fe'i cynhelir ym Mhwll Nofio Llandudno ar ddydd Sadwrn 12 Gorffennaf ac amgaeaf daflen wybodaeth sydd yn egluro sut i ymgeisio ynghyd â Ffurflenni Cystadlu.

Os hoffech ragor o wybodaeth cysylltwch â fi yn y cyfeiriad isod.

Edrychaf ymlaen at glywed wrthoch.

Gary Lewis

Rheolwr Adran Chwaraeon

Dear Teacher,

National Short Course Swimming Competition

This is a brand new competition that is offered to pupils all over Wales.

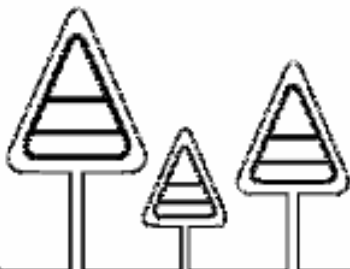
It will be held at Llandudno Swimming Centre, North Wales on Saturday 12 July and I have enclosed information regarding registration criteria as well as entry forms.

If you require any further information please do not hesitate to contact me at the address below.

I look forward to hearing from you.

Gary Lewis

Sports Department Manager



Urdd Gobaith Cymru
Canolfan Mileniwm Cymru,
Plas Bute, Bae Caerdydd,
Caerdydd, CF10 5AL

Ffôn: 02920 635680
Ffacs: 02920 635679
E-bost: Aledw@urdd.org

Urdd Gobaith Cymru



Ffurflen Cystadlu Cwrs Byr Nofio Urdd Gobaith Cymru Urdd Gobaith Cymru Entry Form for Short Swimming Course

Canolfan Nofio Llandudno, Gogledd Cymru - Llandudno Swimming Centre, North Wales
12 o Orffennaf/ 12 of July

Enw Cysylltydd/ Contact Name: _____

Ysgol/ School: _____

Cyfeiriad/ Address: _____

Côd Post/ Postcode: _____

Ffôn/ Phone: _____ Ffacs/ Fax: _____ E-bost/ E-mail: _____

Oedran/ Age: **BI/ Yr 6+7**

BI/ Yr 8+9

BI/ Yr 10+

COFIWCH: DIM OND Y 24 CYFLYMAF YM MHOB DULL FYDD YN CYSTADLU

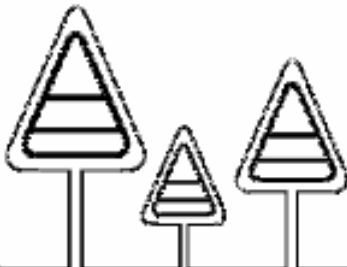
REMEMBER: ONLY THE FASTEST 24 WILL BE COMPETING

Bydd unigolion yn derbyn cadarnhad pythefnos cyn y gystadleuaeth os ydynt wedi bod yn llwyddiannus.

Individuals will be notified two weeks prior to the competition if successful.

Os ydych am gystadlu cwblhewch a dychwelwch y Ffurflen Gystadlu ganlydol i Gystadleuaeth Nofio Cwrs Byr, Gary Lewis/ Aled Williams, Adran Chwaraeon, Swyddfa'r Urdd, Canolfan Mileniwm Cymru, Plas Bute, Caerdydd CF10 5AL erbyn 6 Mehefin 2008. Rhaid cael hyfforddwr i gadarnhau amser nofio eich dull. Heb lofnod hyfforddwr ni dderbynnir eich ffurflen. Rhaid bod yn aelod o'r Urdd i gystadlu. Mae gennych hawl i gystadlu mewn uchafswm o ddwy steil.

If you intend on competing you must send this form to the following address, Urdd Short Course Swimming Competition, Gary Lewis/ Aled Williams, Sports Department, Urdd Office, Wales Millennium Centre, Bute Place, Cardiff CF10 5AL before 6 June 2008. A coach must sign to confirm time in your chosen style. Without a coach signature entry form will be void. You must be a member of the Urdd to compete in the competition. Each competitor may enter a maximum of two events.



Urdd Gobaith Cymru
Canolfan Mileniwm Cymru,
Plas Bute, Bae Caerdydd,
Caerdydd, CF10 5AL

Ffôn: 02920 635680
Ffacs: 02920 635679
E-bost: Aledw@urdd.org